

# Detox Your Face

Invigorate your boatrace with these trusty toilet treats



**1** **CLOGGED PORES**  
**Dermalogica Medicated Clearing Gel**

Some people feel their faces are oily cauldrons of pus, ever on the verge of spilling over onto their face. What this gel does is inhibit facial grease, and crushes dirt particles, leaving your face tingling. [www.dermalogica.co.uk](http://www.dermalogica.co.uk); £25.80

**2** **SKIN IRRITATION**  
**Vitru Quick Fix**

Nicks, bites and blemishes don't usually bring us to our knees - but there's no point suffering the indignity if you don't have to. "This lotion cleans up any cuts or redness," says Laurent van Bekkum, founder of skincare range Vitru. "Just pump and apply." [www.vitru.co.uk](http://www.vitru.co.uk); £15

**3** **RAZOR RASH**  
**Zirh Fix**

If you're one of those unlucky sods whose chops get redder than the devil's arse after a vinaloo then apply this soothing gel. It contains Witch Hazel, which is a natural antioxidant that reduces swelling without drying your face. [www.zirh.co.uk](http://www.zirh.co.uk); £25

**4** **BLACK HEADS**  
**Phytomer Corrigel Concentrate**

Plonk this gel onto blackheads and all traces of your zits will vanish within a day. According to studies, this elixir will leave your face looking completely refreshed 64 per cent of the time. The other 36 per cent? Hire a DVD: you're staying in. [www.mankind.co.uk](http://www.mankind.co.uk); £14

**5** **INGROWN HAIRS**  
**Nickel Smooth Operator**

Every time you shave, a few rogue hairs coil down under your skin. This leaves you looking like you've a tropical disease on your face. The cure is to apply this overnight gel, which stops those curly hairs getting trapped under the skin. [www.mankind.co.uk](http://www.mankind.co.uk); £20