

YOUR SPECIAL CELEBRATION SOUVENIR ISSUE

woman & home

Beautiful
YOU

every minute
of the day!

Make-up that stays put
Skin that looks fresh
& big hair that won't flop!

FOOD TO SHARE

Easter brunch,
family lunches
& special suppers
*New ideas for delicious
long weekends*

Anyone
can do it...
**GROW
YOUR
OWN!**

Celebrate!

The **BIG & SMALL** fabulous things of life...

MAY 2011 £3.7



REAL ME

SARAH PARISH
"I try to make every
minute count"

**KATE, WILLIAM
& OUR ROYAL
CONNECTIONS!**

FEELING GOOD

19 easy ways to be
slimmer & happier
21 ways to a sharper
brain - great!

*Are you
lucky?
Learn
how to be!*

**BE YOUR
OWN
ADVISER**
Get a better
return on
your money

*Love, friendship
& heaven - a slice
of chocolate cake!*



**SPREE
VS
STEAL**

STEAL Smashbox
Fusion Soft Lights
Intermix, £21

Brush through one of these multi-coloured bronzing palettes to create your perfect tan



SPREE Chanel
Soleil Tan de
Chanel 4 Facettes
Bronzing Powder
in Bronze Rose,
£32.50

**TAKE OFF
5 YEARS...**

...and five minutes off your make-up regime with my new favourite foundation! **Shiseido Perfect Refining Foundation**, £34, glides on your skin and sets in place in one of the most translucent layers of make-up for the skin I've ever seen or worn. Perfect for foundation-phobics – you'll be converted.



DON'T MISS
The ultimate hair rescue remedy: L'Oréal Elvive Full Restore 60 Second Saviour Intensive Conditioner, £4.99, which "fills" and resurfaces hair cuticles.

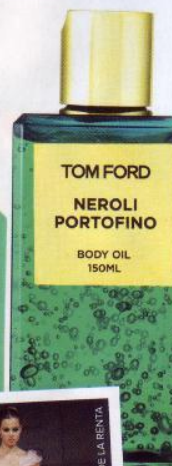
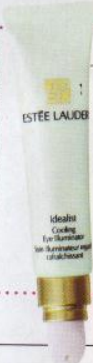
Beauty INSIDER



Beauty director Jo Glanville-Blackburn tracks down a few of her current favourite things

Lust have...

I'm like a child with a new toy... **Estée Lauder Idealist Cooling Eye Illuminator**, £40: It's an eye cream, but oh! – it has this smooth ceramic applicator that's permanently chilled and I can't stop applying it throughout the day. I swear, in my entire career, I have never before used an eye cream as much as this!



w&h 3 OF THE BEST

Super-charged skin solutions to plump up your skin

+ LUXE Lancôme *Génifique Nutrics*, £44, helps to trigger the production of proteins, which dwindle with age.



+ LESS Vichy *LiftActiv Derm Source*, £28, contains rhamnose, which targets collagen-making skin cells.



+ ECO Monu Renu *Deep Repair Complex*, £43.95, is rich in essential oils and skin re-plumping peptides, plus super-hydrating hyaluronic acid, for softer, smoother skin.



HOT TREND

NEROLI... is the fragrant note for now – especially the wedding month, as orange blossom has been symbolic for brides, worn in bouquets since Victorian times. For the ultimate luxury, fill the air with a beautiful **Roja Parfums Neroli Candle**, £75 at Harrods; or immerse yourself in the new fragrance and body collection of **Tom Ford Neroli Portofino**. From £25 for soap (neroli has to be top quality!). I especially love the aroma on the skin after using the Body Oil, £45. **w&h**